

A program of **Ringette**
MANITOBA

What the Parents say:

“Very well planned out with both skill developing and playing games. Instructors are patient and very wonderful with the girls.”

- Guylaine Aquin

“Excellent concept, very good skills development program.”

- Jason Coreau

What the Kids say:

“I’m really having fun learning new things.” - Jordyn Jackson

“I like skating around the ice. I like the friends I’ve made.” - Danika Aquin

**For more information
on Ringette4U and
registration details,
contact your local
community club or visit
our website:**

ringette4u.ca



Ringette **4U**



Why Play Ringette4U?

We know that trying a new sport can be hard to do and that's why we created Ringette4U!

Not only are we going to teach your child how to skate and play a sport, but we are also going to introduce them to a world that:

- *builds confidence*
- *supports creativity*
- *and creates friendships that last a lifetime.*



We are a community that provides strong female role models and an equal opportunity for your child to grow in a true team environment.

Ringette4U takes this Canadian game and modifies it to fit our youngest and most important players!

What is Ringette4U?

Our program uses certified Ringette Manitoba instructors to teach fundamental skating and ringette skills in an environment that meets the physical, emotional and social needs of its participants.

Ringette4U has 3 stages that allow children to progress through the program as they acquire new skills and encounter challenges.

Red Stage – For children who are primarily new Ringette players that have never skated or who are just beginning to skate.

Purple Stage – For children who have basic skating experience but have not necessarily played Ringette before.

Green Stage - For children who have good skating skills and basic ringette skills. Players in this stage are getting ready to play in the Winnipeg Ringette League.



What does a R4U season look like?

September - October:

- All Players are assessed and placed in the stage that is right for them.
- All participants are taking part in a lesson based camp.

November - February:

- All participants are taking part in skill specific lessons based on their stage.
- All squads are playing games according to their stage.

March:

- All players take part in the end of season R4U JAMBOREE!



For more information visit our website:

ringette4u.ca